

To: AmeriHealth Caritas New Hampshire Providers

Date: December 2, 2025

Subject: Enhanced Provider Resources to Support Whole-Person Care

Summary: AmeriHealth Caritas New Hampshire is excited to announce that we have new and enhanced resources available to support providers in delivering whole-person care to our members.

What's new?

- Trauma Informed Care resources: Health care providers of all disciplines are encouraged to learn more about trauma-informed care and develop a comprehensive, trauma-informed care approach to help promote healing, recovery, and wellness. AmeriHealth Caritas New Hampshire developed materials and compiled resources to help practices address the experiences of trauma safely, promptly, and in a manner consistent with applicable reporting laws. Materials include:
 - o Overview of Trauma
 - Adopting a Trauma-Informed Approach
 - Trauma Informed Care Practice Checklist
 - Self-Care for Providers of Patients Experiencing Trauma
- The **Provider Support Resource Menu** enables providers to quickly and easily access plan resources and services, such as:
 - Behavioral health support,
 - The Let Us Know program,
 - Provider staff and education opportunities,
 - Quality education HEDIS measures,
 - o Language interpretation services, and
 - A variety of other services.

AmeriHealth Caritas New Hampshire providers can access the above resources and services in one centralized location on our website: https://www.amerihealthcaritasnh.com/provider/trauma-informed-care.

Questions?
If you have questions about this communication, please contact your Provider Network
Management Account Executive or the Provider Services department at 1-888-599-1479 .
Thank you for your participation in our network and your continued commitment to the care of
our members.